Leicester Leicestershire and Rutland: 7 Minute Briefing: Questions for practitioners to encourage disclosure of Serious Violence & Child Exploitation (CE)

## 1.Information for Health Staff

It is important to recognise that for many of these children the contact with your service may be the first health contact they have accessed in a long time, if ever. Children may present as dirty, unkempt, intoxicated, withdrawn, angry, aggressive, tearful... **Health consultations** with all children aged **10 plus:** Quickly review the records for information that indicates a risk of harm e.g. check for any safeguarding alert flags and high-risk reminders.

7. Child Exploitation Risk Assessment to accompany referral of CE concerns: Child Exploitation, CSE and Assessment of Risk Outside the Home (Contextual Safeguarding) (proceduresonline.com)

6. Referrals to Children's Social Care, including disclosures that indicate risk to other children https://lrsb.org.uk/policiesandprocedures

Produced with thanks to the young people, the LLR Violence Reduction Network (VRN) and ICB Safeguarding Team

## **2. All Practitioners: To take a Trauma Informed Approach.** The child's behaviour should be seen in the context of wider

vulnerabilities. Unresolved behaviours such as anger, self-harm, substance misuse, anxiety or depression may be the consequence of unresolved trauma.

Exploited **children find it difficult to build trusting relationships with adults** and may prefer to see the same health professional where possible; they may not want to discuss their experience, or they may want you to provide an opportunity for them to be seen alone to talk



# 5. Questions to identify support for the child's aftercare:

- How will you get home?
- Do you feel safe, at home /with friends?
- Can a safe trusted adult collect you?
- Who will take you to your follow up appointments/collect medication?

## 3. Questions to encourage disclosure of Serious Violence

Presentation with Injury (Especially to Emergency Departments and unscheduled health care settings)

Professionals to be alert for injury inflicted by Knives and other weapons //Human Bite injury/stabbing including into buttocks

### Questions

- Tell me how you got here?
- Ask direct questions: Is this a knife injury? Bite injury?
- How did it happen?
- Where did it happen (identify location- e.g.name of venue/park/street if possible/leisure centre/snooker club)
- Who else was there?
- Who helped you to get here? (e.g. who rang the ambulance/taxi/gave you a lift)
- Is there anything else you want to tell me about what's happening to you?
- Is there anyone else you're worried about?

If you tell me what's happening to you are you worried it could put someone else at risk?

Do you want to phone a parent/carer/trusted adult?

#### 4. Questions to encourage disclosure of Child Exploitation (CE)

- Who do you live with? (Connection to Missing Children)
- What school or college do you go to?
- Are you having sex with anyone, how old are they?
- Do you feel you can say no to sex?
- Have you ever been made to feel uncomfortable or scared by anyone you have had sex with?
- Is anyone else present when you are your partner are having sex?
- Has anyone given you gifts / cigarettes / drugs or protection for sex, or for carrying packages/keeping watch?
- Do you take or have been encouraged to take drugs or alcohol before having sex?
- Have you been threatened, blackmailed, or physically attacked?
- Have you ever been/part of a gang?