

TURNING POINT

inspired by possibility



The Young People and Young Adults Drug and Alcohol service at Turning Point is a dedicated specialist service for those under 25.

What we offer:

- A non-judgemental service
- 1:1 sessions
- Outreach service – meet you where suits you
- Education about drugs and alcohol
- Space to talk things through
- Up to date and factual information and advice
- Support to look at your drug and alcohol use, what you are using, how much and how often
- Help with deciding what changes you want to make
- Support to cut down, quit and gain control
- Access and support to other services which can support you
- A support plan that looks at all of you not just about your drug or alcohol use

Our confidential service is commissioned to deliver services across Leicester City, Leicestershire and Rutland.

Contact us: 0330 303 6000 to make referral or complete an online referral at

www.turning-point.co.uk/young-people

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